



NEWSLETTER



VOLUME 18 | JUNE 2026



MESSAGE FROM THE PRESIDENT

PROFESSOR DATO' DR
PHILIP RAJAN DEVESAHAYAM

Reflecting on a Year of Excellence and Milestones

Dear Esteemed Fellows, Members, and Colleagues,

As we conclude the first year of the current term for the College of Otorhinolaryngologists - Head & Neck Surgeons (ORL-HNS), Academy of Medicine of Malaysia, it is my distinct privilege to address you all. This past year has been a period of remarkable growth, academic excellence, and impactful community outreach. I am incredibly proud of what our fraternity has accomplished through collective dedication.

Elevating Academic and Scientific Excellence

It is with great pleasure that I announce the upcoming 4th Annual Conference of the College of ORL-HNS and the 46th Annual General Meeting of the Malaysian Society of Otorhinolaryngologists-Head and Neck Surgeons (MSOHNS). Led by Professor Dr Mohd Razif and his dedicated team, the scientific programme has been meticulously curated to align with current and contemporary practices, ensuring our members remain at the forefront of clinical advancements.

This conference follows a year of historic milestones. Most notable was our joint organisation of the November 2025 Asia Pacific Symposium on Cochlear Implants

(APSCI) in Kuala Lumpur. Professor Dato' Dr Prepageran Narayanan, President of APSCI and a life member of our College, successfully executed the largest Cochlear Implant Symposium our country has ever seen. The event attracted more than 1,000 global participants, firmly positioning Malaysia as a premier hub for auditory science.

Empowering Education, Training, and Research

The College remains deeply committed to nurturing the next generation of surgeons and supporting our educators. Our international collaboration with the Prince of Songkla University continues to thrive through our biennial cadaveric dissection courses. Recognising that exceptional trainers make exceptional surgeons, we have actively supported Training of Trainers Workshops to implement modern teaching methodologies for our younger faculty.

On the research front, we continue to disburse local research grants to support high-potential projects. Expanding our international footprint, we have partnered with the National Cancer Center of Japan to promote Investigator-Initiated Trials locally, opening new doors for oncological research in the ENT field.

MALAYSIAN SOCIETY OF OTORHINOLARYNGOLOGISTS – HEAD & NECK SURGEONS IS THE CUSTODIAN OF COLLEGE OF OTORHINOLARYNGOLOGISTS – HEAD & NECK SURGEONS, ACADEMY OF MEDICINE OF MALAYSIA

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Advancing Professional Welfare and Advocacy

The welfare and practice security of our members are central to the Council's mission. To address financial clarity in clinical practice, the College has actively engaged with Bahagian Amalan KKM to develop a comprehensive handbook addressing common queries regarding ENT medical fees.

Furthermore, we have officially launched our clinical guide on biologic use in chronic rhinosinusitis. This handbook serves as a critical decision-making tool to assist ORL surgeons in navigating advanced therapeutic options safely and effectively.

Growing Community and Inclusivity

Our professional community is stronger than ever. The College recorded its highest number of inductees in history, reflecting the vibrant growth of our specialty.

Beyond our academic walls, the Council has worked tirelessly to engage general practitioners nationwide through regional ENT updates.

True to our medical calling, we also extended our care to marginalised communities through impactful outreach health camps.

In Memoriam

As we look to the future, we must pause to fondly remember and honor our departed colleagues who contributed significantly to our fraternity, College, and society:

- * Dr V.K. Ravindran
- * Dr Muhammad Syauqi
- * Dr Parminder Singh
- * Dato' Dr Gurdeep Singh
- * Dato' Dr T. Underwood

Their legacies continue to inspire the core values of our College.

Words of Appreciation

I would like to express my deepest gratitude to all Councillors and members who have worked tirelessly behind the scenes over the past year. Your unwavering commitment has protected and promoted the interests of our College. We look forward to another highly productive, innovative, and collaborative year ahead.

**PROFESSOR DATO' DR
PHILIP RAJAN DEVESAHAYAM**

President, College of Otorhinolaryngologists -
Head & Neck Surgeons
Academy of Medicine of Malaysia

“Our professional community is stronger than ever. The College recorded its highest number of inductees in history, reflecting the vibrant growth of our specialty...”

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LARYNGOLOGY

4th USM INTERNATIONAL AIRWAY, VOICE AND DYSPHAGIA COURSE 2025

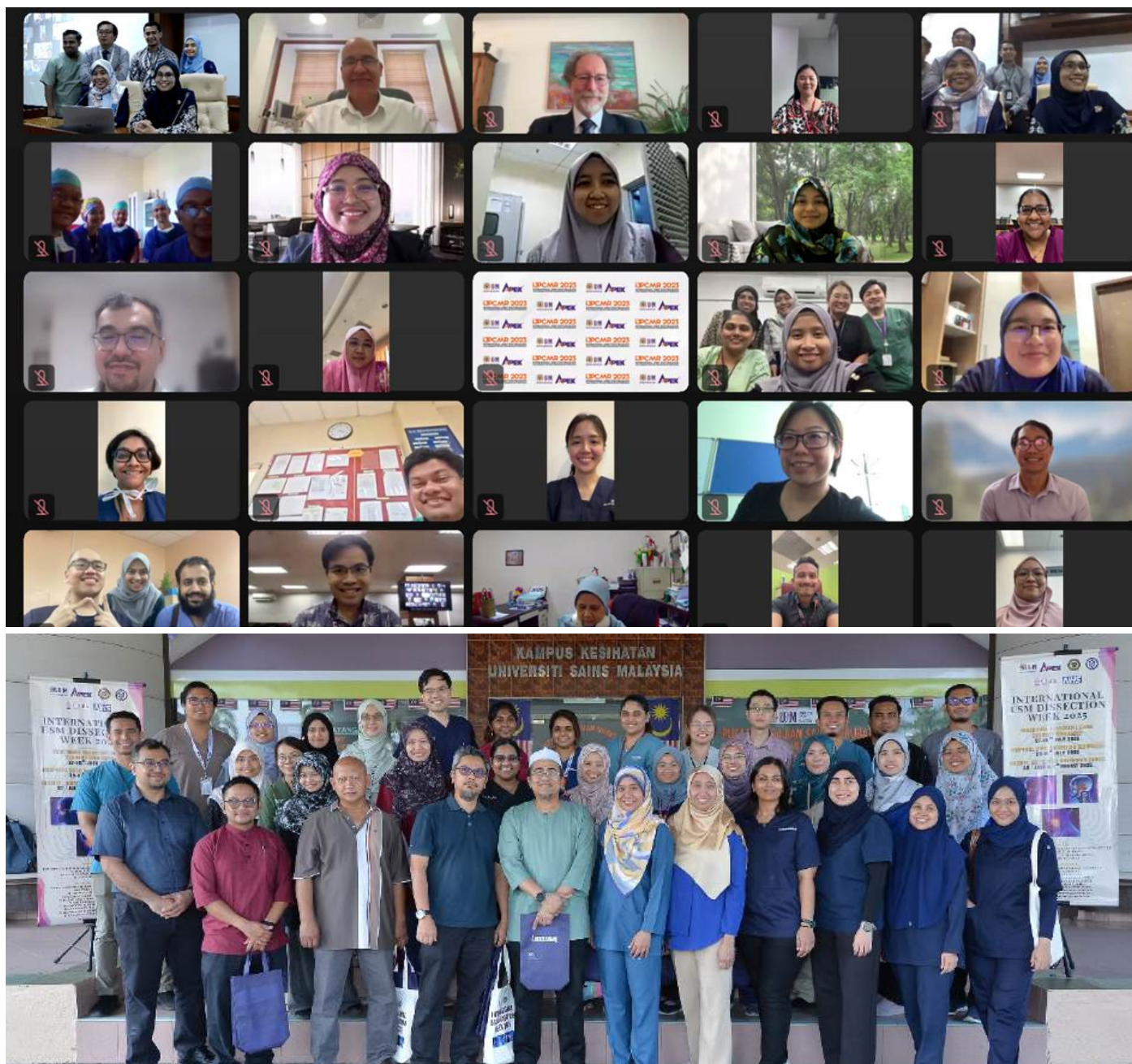
Dr Nik Fariza Husna



The 4th USM International Airway, Voice and Dysphagia Course 2025 was successfully conducted over two days, bringing together a distinguished group of clinicians, surgeons, and trainees dedicated to advancing knowledge in laryngology and airway management. This year's programme combined a high level webinar with a hands-on cadaveric workshop, offering participants an integrated learning experience that emphasised both theoretical updates and practical surgical skills.

The first day of the course, held on 30th July 2025, featured a comprehensive international webinar attended by approximately 90 participants, including specialists and medical officers from Malaysia and Brunei. A total of ten speakers, comprising six international experts from the United Kingdom, Belgium, Thailand, and Indonesia, delivered in-depth lectures covering key areas within the field. Topics presented included airway stenosis, voice disorders, laryngeal trauma, and management of unilateral vocal cord palsy. Each session was highly informative, reflecting current advances and best practices in laryngology.





The webinar concluded with a live question and answer session, during which participants actively engaged with the panel. The discussion was particularly lively, with Professor Dr Guri Sandu, Dr John Rubin, and Dr Yakubu Karagama addressing a wide range of clinical queries from the audience. The interactive nature of the session contributed significantly to the educational value of the programme and was widely praised by attendees.

On 1st August 2025, the course continued with a cadaveric dissection workshop at the dissection laboratory. A total of 16 participants took part in this hands-on session, working on fresh human larynx and trachea specimens. Under expert guidance, participants

performed key laryngeal and airway procedures, including endoscopic laryngeal surgery, injection laryngoplasty, type I thyroplasty, airway anastomosis, and laser surgery. The workshop provided a valuable opportunity for clinicians to refine specialised surgical techniques in a controlled and supportive environment.

Feedback from participants across both days was overwhelmingly positive. Attendees commended the breadth of content, quality of instruction, and the strong emphasis on practical skill development. The course continued to serve as an important platform for regional and international collaboration in the management of airway and voice disorders.

ENT EDGE: CO₂ LASER MASTERCLASS FOR LARYNGEAL DISEASES

Dr Nadhirah Mohd Shakri, Associate Professor Dr Mawaddah Azman

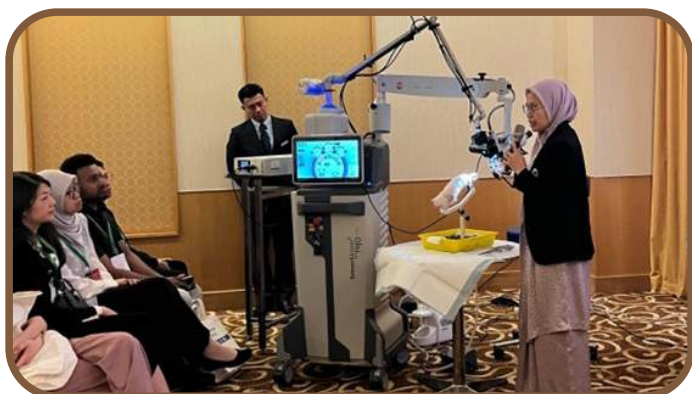
The ENT Edge: CO₂ Laser Masterclass for Laryngeal Diseases was successfully conducted as part of the 3rd Annual Conference of the College of Otorhinolaryngologists – Head and Neck Surgeons Malaysia, held from 26th to 28th June 2025 at Holiday Inn Melaka. Organised in collaboration with EASMED, this masterclass provided a focused platform for advancing knowledge and skills in modern laryngeal surgery.

The programme aimed to introduce participants to the latest developments in CO₂ laser technology and its applications in the management of laryngeal diseases. It covered key updates in disease management, as well as contemporary surgical techniques and instrumentation essential for effective laryngeal practice.

The session featured an expert lecture by Professor Dato' Dr Marina Mat Baki, who shared valuable insights into the principles and role of CO₂ laser in laryngology. This was complemented by a live demonstration conducted by Associate Professor Dr Mawaddah Azman, highlighting practical techniques and real-world applications of laser use in laryngeal procedures.

A key highlight of the masterclass was the hands-on training component using wet specimens, which allowed participants to gain direct experience with CO₂ laser equipment. Overall, the masterclass was well received and served as a valuable educational experience.

It successfully bridged theoretical knowledge with practical application, enhancing participants' competence and confidence in incorporating CO₂ laser technology into their clinical practice.



REINNERVATION & ANASTOMOSIS MICROSURGICAL PRE-WORKSHOP

*Dr Irise HK Chen, Dr Nadhirah Mohd Shakri,
Associate Professor Dr Mawaddah Azman*



The Reinnervation and Anastomosis Microsurgical Pre-Workshop was successfully conducted in conjunction with the Laryngectomy Rehabilitation Workshop at The Academia, National University of Malaysia, on 21st and 22nd October 2025. This highly focused pre-workshop served as an intensive training platform aimed at equipping participants with essential microsurgical skills pertinent to head and neck reconstruction and rehabilitation.

The workshop was led by Professor Dr Arman Zaharil Nat Saad, a distinguished plastic surgeon, whose expertise offered valuable insights into advanced microsurgical techniques. He was supported by Professor Dato' Dr Marina Mat Baki and Associate Professor Dr Mawaddah Azman, who played key roles in facilitating the sessions and guiding participants through the practical components.

Participation was intentionally limited to a select group of Laryngology and Head & Neck fellows as part of their structured fellowship training. This small group format enabled a highly personalised learning experience, ensuring ample hands-on exposure and close faculty supervision with immediate, constructive feedback.

Adopting a skills-based approach, the workshop utilised wet specimens to simulate realistic surgical conditions. Core training areas included nerve reinnervation and vascular anastomosis, both critical techniques in reconstructive surgery.

Through demonstrations followed by supervised practice, participants refined their skills in delicate tissue handling, micro-suturing, and the effective use of magnification tools.

Overall, the workshop was very well received. The pre-workshop successfully provided a strong technical foundation, contributing supportive learning environment, noting significant improvement in their microsurgical competence.

LARYNGECTOMEE REHABILITATION WORKSHOP

Dr Nadhirah Mohd Shakri, Associate Professor Dr Mawaddah Azman, Dr Irise HK Chen

The Laryngectomy Rehabilitation Workshop was successfully held on 22nd October 2025 at The Academia, Department of ORL-HNS, Hospital Canselor Tuanku Muhriz, Universiti Kebangsaan Malaysia, Kuala Lumpur.

The workshop gathered approximately 30 postgraduate ENT trainees, providing a comprehensive platform to deepen their understanding of post-laryngectomy care and rehabilitation. The morning session featured a series of engaging lectures delivered by experienced faculty members, focusing on the strategies of post-laryngectomy management.

Topics included an overview of voice rehabilitation, the principles of creating and maintaining an optimal stoma, and surgical techniques in tracheoesophageal puncture (TEP) along with its potential complications. Importantly, the sessions emphasised that laryngectomy care extends well beyond the surgical procedure itself, highlighting the critical role of holistic post-operative rehabilitation.

In the afternoon, participants engaged in a hands-on practical session designed to reinforce the concepts discussed earlier. The trainees were divided into four small groups and rotated through interactive stations, each focusing on a key rehabilitation modality. These included tracheoesophageal puncture techniques, electrolarynx usage, voice prosthesis care and replacement, and pulmonary rehabilitation strategies.

A key highlight of the workshop was the live demonstration of voice prosthesis change performed on real patients. This invaluable session allowed participants to observe real-world application, enhancing their confidence and clinical readiness in managing similar cases.



THE 23rd INTERNATIONAL LARYNGEAL & PHONOSURGERY WORKSHOP

Dr Nadhirah Mohd Shakri, Associate Professor Dr Mawaddah Azman



The 23rd International Laryngeal and Phonosurgery Workshop was successfully held from 7th to 9th February 2026 at Hospital Canselor Tuanku Muhriz, Universiti Kebangsaan Malaysia, Kuala Lumpur. The workshop brought together 80 participants - from local and regional countries, eager to advance their knowledge and skills in laryngology and phonosurgery.

The workshop featured a distinguished panel of renowned laryngologists, including Professor Dato Dr Abdullah Sani Mohamed, Professor Dato' Dr Marina Mat Baki, Associate Professor Dr Mawaddah Azman, Professor Dr Masaany Mansor, Professor Dr Mohd Zulkiflee Abu Bakar and Dr Nik Fariza Nik Hassan. Strong local representation was also evident, with contributions from experts such as Dr Norazila Abdul Rahim, Dr Vanitha and Dr Nadhirah Mohd Shakri. The workshop was further enriched by international speakers, including Dr Ahmed Geneid from Finland and Dr William Lim from The Philippines, who provided valuable sharing of knowledge throughout the workshop.



A key component of the workshop was the Cadaveric Dissection session, which allowed participants to gain hands-on experience. This session focused on important anatomical landmarks and surgical techniques relevant to laryngeal procedures, enhancing participants' practical understanding. The Live Surgery segment, conducted fully online, showcased real-time surgical procedures with step-by-step explanations. Four participants were able to observe advanced techniques and engage in discussions during the sessions, contributing to a dynamic and interactive learning environment.

The workshop also highlighted emerging technologies in phonosurgery, including the use of the VOIS implant and Blue Laser in office-based laryngeal procedures. These innovations generated considerable interest among participants and underscored the evolving landscape of minimally invasive voice surgery.

Overall, the workshop was well organised, with smooth coordination across all sessions and strong support from the multidisciplinary team. Participants remained actively engaged throughout the programme and provided positive feedback.



MOBILE VOICE CLINIC WORLD VOICE DAY 2026

Dr Nadhirah Mohd Shakri, Dr Isaac Tan Yieng Ler, Associate Professor Dr Mawaddah Azman

The World Voice Day 2026 Programme held in conjunction with the Muzakarah Pemegang Tauliah Wilayah Persekutuan was successfully conducted through a collaborative effort between Fakulti Perubatan UKM, Fakulti Pengajian Islam UKM, Jabatan Mufti Wilayah Persekutuan and industrial support from Pentax Sdn Bhd.

This meaningful initiative marked the first collaboration of its kind among the three institutions, reflecting a shared commitment towards increasing awareness on voice care and vocal health among occupational voice users.

The theme of the programme, **"Voice Matters"**, highlighted the importance of maintaining vocal health, particularly among individuals who depend heavily on their voice as part of their profession. While voice disorders are commonly associated with singers and teachers, the programme emphasised that many other occupational voice users are also at risk, including religious speakers, muazzin, imams, call-centre workers, coaches, and others whose daily work relies significantly on vocal communication. Voice disorders not only affect communication but may also impact one's livelihood and quality of life.

The primary objective of the programme was to promote awareness regarding vocal hygiene, early detection of voice disorders, and preventive strategies against vocal misuse and overuse. Throughout the event, participants were provided with free ENT and voice screening services, including endoscopic examinations conducted by healthcare professionals. Educational sessions were also delivered to increase understanding on proper voice care practices, emphasising that prevention remains better than cure despite the availability of treatment options.

A total of 130 muazzin participated in the screening programme. Based on patient self-rating voice questionnaires, approximately 40% of participants were identified as having symptoms suggestive of voice disorders affecting their daily vocal function.



In addition, laryngoscopic examinations revealed that approximately 20% of screened participants demonstrated abnormalities involving the vocal cords and larynx. Among the abnormalities detected were vocal nodules, vocal polyps, muscle tension dysphonia, and laryngopharyngeal reflux.

Participants requiring further assessment and management were appropriately referred to the nearest ENT clinics for comprehensive evaluation and follow-up treatment.





OTOLOGY & AUDIOLOGY

USM TEMPORAL BONE, ADVANCED ENDOSCOPIC EAR SURGERY & LATERAL SKULL BASE DISSECTION WORKSHOP

Associate Professor Dr Nik Adilah Nik Othman

The Temporal Bone, Advanced Endoscopic Ear Surgery & Lateral Skull Base Dissection Workshop, held from 29th - 31st July 2025, concluded successfully with enthusiastic participation from both local and regional participants. The three days programme offered intensive hands-on training aimed at strengthening surgical skills in otology and lateral skull base procedures.

A total of eight cadaveric heads were utilized throughout the workshop, allowing participants to explore intricate temporal bone and endoscopic techniques in a realistic anatomical setting. The sessions covered key areas including endoscopic ear surgery, and temporal bone dissection, as well as lateral skull base approaches—providing a well-rounded and practical learning experience.

The event brought together local ENT trainees and specialists alongside international participants from Universitas Sebelas Maret, Surakarta, Indonesia, reinforcing strong academic ties within the region. Their presence created a vibrant environment where participants exchanged knowledge, shared clinical experiences, and learned from one another's perspectives.

The workshop was further strengthened by the commitment of local facilitators, whose guidance throughout the dissection sessions ensured that participants received close supervision and personalised support.

Their expertise was central in helping participants develop confidence and steady hands as they progressed through each surgical step.

A significant highlight of the programme was the collaboration with Professor Dr In Seok Moon from Yonsei University, South Korea, a highly respected figure in otology and lateral skull base surgery. His online lectures and video demonstrations provided participants with valuable exposure to advanced surgical concepts and international best practices.

The event wrapped up on a positive note, with participants praising the committed teaching team, the well organised programme, and the friendly atmosphere of regional collaboration. This workshop represents a meaningful effort in advancing otologic and skull base surgery training for surgeons in our local setting.



5th UKM OTOLOGY & AUDIOLOGY MASTERCLASS 2025

STRENGTHENING ACADEMIC EXCELLENCE IN OTOLOGY AND AUDIOLOGY

Associate Professor Dr Noor Dina Hashim

The 5th UKM Otolology & Audiology Masterclass was successfully held on 2nd and 3rd September 2025, bringing together 58 participants from various institutions for an intensive two-day educational program dedicated to advancing knowledge and clinical competency in otology and audiology.

Organised as part of UKM's continued commitment to postgraduate and professional development, and chaired by Professor Dr Asma Abdullah, the masterclass provided a comprehensive platform for participants to refine both theoretical understanding and practical skills in these rapidly evolving fields.

This year's programme covered essential hearing assessment topics including pure tone audiometry, auditory brainstem response and otoacoustic emissions; as well as common otology presentations such as otitis media, mastoiditis, imaging in otology and bone conduction devices. The sessions were delivered by an esteemed panel of experienced clinicians and academic experts, ensuring participants benefited from evidence-based teaching and real-world clinical insights.

A particularly valued component of the masterclass was its strong emphasis on interactive learning. Hands-on practical sessions in pure tone audiometry, masking, tympanometry, and hearing aid management allowed participants to gain direct clinical exposure, while viva sessions and otology MCQ assessments offered valuable opportunities for examination preparation and self-assessment. Participant feedback consistently highlighted the viva sessions as one of the most beneficial aspects of the programme, with many describing it as highly relevant for examination readiness, confidence building and reinforcing clinical reasoning. Feedback from attendees demonstrated overwhelmingly positive outcomes.

All respondents reported that they benefited from attending the course, and 100% indicated they would recommend the masterclass to colleagues and peers. Overall event organisation was rated highly, with excellent scores in ambience, lighting, secretariat support, and ventilation. Participants particularly appreciated the structured academic content, experienced faculty, and opportunities for active engagement.

The success of the 5th UKM Otolology & Audiology Masterclass underscores its growing reputation as a premier academic event for otology and audiology education. By fostering rigorous clinical discussion, practical skill development, and collaborative learning, the programme continues to support the professional growth of future ORL specialists and audiologists.



ENDOSCOPIC EAR SURGERY & TEMPORAL BONE COURSE

Dr Guhan Kumarasamy

The Ipoh Endoscopic Ear Surgery & Temporal Bone Course remains one of the longest-running temporal bone courses in Malaysia and continues to play an important role in otology training in the region.

This year's ENT HRPB Ipoh Teaching Week 2025, held from 6th – 10th October 2025, was particularly memorable and exceptional, with more than 80% of participants coming from Indonesia. This strong regional participation reflects the growing reputation of the course as a popular and highly valued surgical training programme, attracting participants from both Malaysia and overseas.

The event was organised by Dato' Dr Philip Rajan Devasahayam, Head of the ENT Department, Hospital Raja Permaisuri Bainun, Ipoh, and one of the pioneers of endoscopic ear surgery in Malaysia. His continued commitment to otology education has helped sustain the course as a respected platform for structured teaching, hands-on training, and surgical mentorship.

The invited faculty included distinguished otologists and lateral skull base surgeons with extensive experience in complex ear surgery and teaching. Dr Tengku Izam Tengku Kamalden, a retired senior otologist and lateral skull base surgeon, has been at the forefront of many ear surgeries in Malaysia and brought invaluable experience to the course.

Dr Fadzilah Ismail, a prominent otologist and lateral skull base surgeon from Hospital Sungai Buloh, contributed her active experience in otology, lateral skull base surgery, and surgical education. The programme was also enriched by Dr Khairunnisak Misron from Hospital Sultan Ismail, Johor Bahru, an otologist and lateral skull base surgeon trained in South Korea.

The local faculty from Hospital Raja Permaisuri Bainun, Ipoh, including Dr Guhan Kumarasamy, Otology Fellow, together with Dr Steuphen Roy and Dr Zabrina, experienced otorhinolaryngologists from the department, provided valuable support throughout the programme. Their involvement helped ensure the smooth running of the hands-on sessions, participant guidance, and overall teaching activities.



A key strength of the course is its comprehensive exposure to both microscopic and endoscopic ear surgery. While the microscope remains fundamental in otologic surgery, the endoscope offers enhanced visualisation of hidden areas of the middle ear and mastoid, including the sinus tympani, facial recess, epitympanum, hypotympanum, and anterior attic.

At the same time, endoscopic ear surgery demands specific technical skills, including one-handed surgery, precise instrument handling, careful haemostasis, and a detailed understanding of endoscopic anatomy.

The course provided participants with the opportunity to appreciate both approaches and understand how they complement each other in modern otology practice.

Otology is a complex and delicate surgical subspecialty that requires repeated practice, sound anatomical knowledge, and refined surgical judgement. Temporal bone surgery involves operating within a narrow field, close to critical structures. For junior surgeons, structured temporal bone dissection provides an essential foundation before progressing to clinical surgery. For experienced surgeons, the course served as a valuable refresher to revisit anatomy, refine techniques, update strategies, and maintain operative confidence.

This event was especially thorough and well-supported, made possible through the generous help of sponsors. A wide range of hearing implants and otologic devices was made available for participants to handle and try out, adding significant practical value to the programme. This exposure was particularly useful

as modern otology is closely linked to implantable hearing technology, including ossicular reconstruction prostheses, bone-conduction devices, middle ear implants, and cochlear implant-related instrumentation. Familiarity with these devices outside the operating theatre helps surgeons better understand device design, handling, placement principles, and surgical decision-making.

Beyond the technical learning, the course reflected the spirit of mentorship, teamwork, and professional camaraderie that is central to surgical training. The strong participation from Indonesia added a valuable regional dimension, encouraging cross-border exchange of surgical experience and perspectives.

Overall, the 14th Ipoh Endoscopic Ear Surgery & Temporal Bone Course successfully continued its tradition as a premier otology teaching event, providing a meaningful platform for learning, practice, refinement, and shared commitment to improving patient care.



“...otology is a complex and delicate surgical subspecialty that requires repeated practice, sound anatomical knowledge, and refined surgical judgement...”

WORLD HEARING DAY 2026

"From Communities to Communities: Hearing Care for All"

Dr Nur Sarina Binti Abd Rahman



The World Hearing Day 2026 celebration at the Selayang Hospital level was successfully organised by the Audiology Unit, ORL Department from 9th to 11th February 2026.

The main purpose of the celebration was to disseminate information to the community about the importance of ear and hearing care, knowledge on ear diseases and the factors that cause hearing loss.

With the theme **"From Communities to Communities: Hearing Care for All"**, few activities were carried out: a newborn hearing screening course for nurses involved in screening duties, poster and booth exhibition by hearing aid vendors and a hearing screening programme for hospital staff and the public.

A total of 21 nurses participated in the newborn hearing course and were successfully certified as newborn hearing screening personnel. There were 52 participants who underwent the hearing screening process and 17 patients had been given follow-up appointment for further investigations and treatment.

Seven hearing aid vendors also participated in enlivening the programme and received a very encouraging response from the exhibition participants.



VESTIBULAR AND BALANCE WORKSHOP

Dr Wan Nabila Wan Mansor

The Vestibular and Balance Workshop 2026, held on 13th and 14th April, was a resounding success, bringing together 66 participants from Malaysia, Indonesia, and the Philippines. The workshop delivered a comprehensive programme designed to enhance understanding and practical skills in vestibular and balance assessment and management.

The two-day event featured a blend of insightful lectures and interactive hands-on sessions. Key topics covered included diagnostic techniques and therapeutic maneuvers, providing participants with a well-rounded learning experience.

WORKSHOP HIGHLIGHTS

- **Lectures:** Expert faculty and invited speakers delivered presentations on the theoretical foundations and clinical applications of various vestibular assessments and treatments. This ensured participants gained a solid understanding of the principles behind each technique.
- **Hands-on Sessions:** Practical application was a core focus of the workshop. Participants actively engaged in hands-on training for:
- **Video Head Impulse Test (vHIT):** This session provided practical experience in operating the vHIT system and interpreting results for assessing vestibulo-ocular reflex function.
- **Vestibular Evoked Myogenic Potentials (VEMP):** Participants learned the proper techniques for conducting VEMP testing and understanding its role in evaluating otolith function.
- **Electrocochleography (ECochG):** The session included training on performing and interpreting

ECochG, a valuable tool for diagnosing Meniere's disease and other inner ear disorders.

- **Bedside Vestibular Assessment Maneuvers:** This practical segment focused on essential bedside tests for quick and effective assessment of vestibular function in a clinical setting.
- **Canalith Repositioning Maneuvers:** Participants gained hands-on experience in performing various canalith repositioning maneuvers, crucial for treating benign paroxysmal positional vertigo (BPPV).

The workshop's structure, combining didactic sessions with extensive practical training, was highly effective in equipping attendees with the necessary knowledge and skills to confidently approach vestibular and balance disorders in their clinical practice. The enthusiastic participation from professionals across three nations fostered a valuable environment for networking and knowledge exchange.





HEAD & NECK

2nd KUALA LUMPUR

HEAD & NECK CANCER CONFERENCE (KLHNCC 2025)

Dr Khairil Afif Mahmud, Professor Dr Mohd Razif Mohamad Yunus

The 2nd Kuala Lumpur Head & Neck Cancer Conference (KLHNCC 2025) was successfully convened on 25th and 26th August 2025 at the Auditorium Hospital Canselor Tuanku Muhriz UKM, Kuala Lumpur. Centred on the theme *"Advancing Knowledge, Enhancing Care in Head & Neck Oncosurgery"*, the summit served as a critical platform for regional and international experts to share advancements in research and patient care.

The scientific program was anchored by distinguished international faculty who addressed evolving paradigms in oncology. Professor Dr Giuseppe Mercante from Humanitas University, Italy, a member of the International Federation of Head and Neck Oncological Societies (IFHNOS), delivered a keynote lecture focused on the current management of salivary gland malignancy. He illustrated the diagnostic and therapeutic challenges associated with these rare and complex neoplasms.

Additionally, Associate Professor Dr Patravoot Vatanasapt from Khon Kaen University, Thailand, the current President of the Asian Society of Head & Neck Oncology (ASHNO), led a significant session discussing the paradigm shift in the management of Oropharyngeal Squamous Cell Carcinoma (OPSCC). His presentation provided critical insights into the changing landscape of OPSCC treatment.

The conference achieved a robust attendance of 123 participants, comprising a diverse mix of specialists and trainees. The delegates represented a broad spectrum of disciplines, including Otorhinolaryngology (ORL), Oral & Maxillofacial Surgery (OMFS), and Oncology.

The international delegates were from the Philippines, Brunei, and Indonesia. Following the main conference, the programme continued with the 8th Kuantan Head and Neck Dissection Course, held as a post-congress event from 27th to 29th August 2025 at the International Islamic University Malaysia (IIUM), Kuantan, Pahang. This hands-on workshop featured Professor Dr Mohd Razif Mohamad Yunus as the lead instructor, providing specialized surgical training to attendees.



Professor Dr Giuseppe Mercante from Humanitas University, Italy



Associate Professor Dr Patravoot Vatanasapt, current President of the Asian Society of Head & Neck Oncology (ASHNO)



*Professor Dr Mohd Razif Mohamad Yunus, course advisor
KLHNCC 2025*

The organising committee received positive feedback regarding the event. Participants particularly highlighted the value of the complex head and neck cancer case discussions, which facilitated deep engagement with real-world clinical challenges.

We hope this conference has provided significant value to all participants, equipping them with practical knowledge to improve patient care.



Head and neck cancer case discussion



Participants



Question and answer session



Local and international participants



Committee members, KLHNCC 2025

UNIVERSITI KEBANGSAAN MALAYSIA

HEAD & NECK 2025 LIVE SURGERY

Dr Khairil Afif Mahmud, Professor Dr Mohd Razif Mohamad Yunus

The UKM Head & Neck Live Surgery 2025 was successfully convened on 23rd October 2025 at Hospital Canselor Tuanku Muhriz (HCTM). Organised by the Department of Otorhinolaryngology-Head & Neck Surgery (ORL-HNS), Faculty of Medicine UKM, this intensive clinical programme was designed to integrate the latest technological advancements, specifically sialoendoscopy and ultrasonic energy devices, into standard surgical workflows.

The workshop was facilitated by distinguished local experts in Head and Neck Surgery. The programme started with short lecture series which provided the critical theoretical framework required for advanced surgical practice.

These lectures were specifically curated to bridge the gap between technological capability and clinical application, ensuring participants mastered

the mechanics of the instrumentation before observing live applications. The clinical portion of the programme featured the live demonstration of two surgical cases. Thirty participants engaged in the live surgery observation, complemented by an interactive question-and-answer session with the operating faculty.

This programme was made possible through a strategic collaboration between academic institutions and industry innovators (STORZ and Johnson & Johnson), who provided the advanced medical technology utilised during the demonstrations.

The UKM Head & Neck Live Surgery 2025 represented a premier opportunity to engage with the advancement of surgical practice. We hope this clinical event has benefitted the participants and grow interest in head and neck surgery.



Lecture in the meeting room with Professor Dr Mohd Razif Mohamad Yunus and Dr Zahiruddin Zakaria from Hospital Pulau Pinang



“...this intensive clinical programme was designed to integrate the latest technological advancements...”

A CELEBRATION OF SURGICAL EXCELLENCE

UM PRESTIGE ORL-OMFS DISSECTION COURSE 2025

Dr Goh Liang Chye, Julius



It is with great pleasure and a deep sense of gratitude that we reflect on the UM Prestige ORL-OMFS Dissection Course 2025, held from the 27th October to 1st November 2025 at the Surgical Simulation Laboratory, Faculty of Medicine, Universiti Malaya, Kuala Lumpur.

This six-day educational programme was a collaborative effort between the Department of Otorhinolaryngology (Faculty of Medicine) and the Department of Oro-Maxillofacial Surgical & Medical Sciences (Faculty of Dentistry), and we are humbled by the warm reception received from the surgical community, both locally and internationally. The course was structured around four focused dissection modules, each conducted over two dedicated days. We are deeply grateful to the many participants who took time from their busy clinical commitments to join us, and to the distinguished faculty members and senior consultants whose guidance and generosity made each module possible.

We were honoured to welcome delegates from across Malaysia as well as from Indonesia, Thailand, Singapore, Australia, and India - a truly international gathering that enriched every session with diverse perspectives and shared experiences.

The presence of colleagues from near and far is something we do not take for granted, and we are sincerely thankful for the trust placed in this programme.

THE FOUR MODULES

TEMPORAL BONE DISSECTION WORKSHOP — 27 & 28th OCT 2025

The Temporal Bone Dissection Workshop opened the course on a note of great precision and discipline. The temporal bone is widely regarded as one of the most anatomically complex regions encountered in surgical training. Housing the delicate structures of hearing and balance — the cochlea, semicircular canals, ossicular

chain, and the facial nerve in its tortuous course through bone — it demands of the surgeon not only technical dexterity but a thorough and intimate understanding of three-dimensional anatomy.

Under the esteemed mentorship of Professor Dato' Dr Prepageran Narayanan and Dr Fadzilah Ismail, and led with commitment and care by Dr Redzwan Shah, participants worked through cadaveric temporal bone specimens using surgical drills and microinstruments. The sessions were structured to guide participants progressively from surface landmarks through to the deeper recesses of the temporal bone, mirroring the approach taken in real otological and skull base procedures.

Participants developed an appreciation for the care and patience that this region demands — qualities that are the foundation of safe, effective surgery of the ear and lateral skull base. We are grateful to Professor Dato' Dr Prepageran Narayanan and Dr Fadzilah Ismail for their invaluable mentorship and for the standards of excellence they continue to inspire.

SLEEP SURGERY DISSECTION WORKSHOP — 28 & 29th OCT 2025

The Sleep Surgery Dissection Workshop explored the anatomy and surgical management of the upper airway

— a field that has seen remarkable growth over the past decade and continues to evolve at a rapid pace.

We were truly fortunate to have the participation of two internationally distinguished faculty members who generously shared their expertise with our participants. The workshop was led by Dr Julius Goh Liang Chye and supervised by Professor Dr Mohd Zulkiflee Abu Bakar.

Professor Dr Stuart Mackay kindly introduced the Transpalatal Advancement (TPA) technique for obstructive sleep apnea to a Malaysian audience for the first time. The TPA is a well-established surgical approach targeting the retropalatal airway, and its introduction here represents an important step in broadening the scope of sleep surgery practice in Malaysia. We are sincerely grateful to Professor Dr Mackay for making this possible.

Associate Professor Dr Toh Song Tar of Singapore General Hospital once again demonstrated the Hypoglossal Nerve Stimulation (HNS) implant technique to our participants.

This technology has transformed the management of patients with moderate-to-severe obstructive sleep apnea who are unable to tolerate CPAP therapy, and his willingness to share his experience with our surgical community is something we are deeply appreciative of.



It was particularly encouraging to see strong attendance from surgeons across Malaysia, reflecting the growing interest in and awareness of sleep surgery as a discipline. We hope this workshop served as a meaningful platform for learning and will contribute, in some small way, to improving the care of patients with sleep-disordered breathing in this region.

ORTHOGNATHIC SURGERY DISSECTION WORKSHOP — 29 – 30th OCT 2025

The Orthognathic Surgery Dissection Workshop, led by Dr Muhammad Kamil Bin Hassan and supervised by Professor Dr Firdaus Hairiri, offered participants a detailed and hands-on exploration of facial skeletal surgery. Orthognathic surgery is a discipline that sits at the intersection of function and form - addressing dentofacial deformities that affect not only a patient's appearance but their ability to chew, speak, and breathe comfortably.

The dissection sessions were designed to familiarise participants with the osteotomy planes and fixation techniques central to procedures such as the Le Fort I osteotomy and the bilateral sagittal split osteotomy. Understanding the anatomy in three dimensions - the vascular supply, the nerve pathways, and the bony architecture of the midface and mandible - is fundamental to performing these operations safely and achieving outcomes that are durable and harmonious.

We are grateful to the Department of Oro-Maxillofacial Surgical & Medical Sciences for their valued partnership in this course. The inclusion of this module reflects our shared belief that surgical education is most enriching when it crosses disciplinary boundaries, and we look forward to continuing this collaboration in the years ahead.

HEAD AND NECK DISSECTION WORKSHOP — 31st OCT – 1st NOV 2025

The course concluded with the Head and Neck Dissection Workshop, led by Dr Aiman A Hamid under the supervision of Professor Dr Mohd Zulkiflee Abu Bakar. The head and neck is a region of extraordinary anatomical complexity - a compact and intricate landscape in which critical neurovascular structures, lymphatic pathways, salivary glands, and the organs of swallowing, speech, and airway protection co-exist in close proximity.

Participants were guided through systematic dissection of the neck, with attention to the fascial layers, the triangles of the neck, and the key neurovascular landmarks that define the surgical approach to a wide range of pathology - from oncological resections and

neck dissections to reconstructive procedures and airway surgery. The sessions emphasised the importance of careful anatomical identification and a methodical surgical approach, qualities that are essential when operating in a region where the margin for error is small.

The module also offered an opportunity to reflect on the broader clinical context of head and neck surgery - the impact of disease on patients' lives, the multidisciplinary teams that support their care, and the responsibility that comes with operating in this region. We are grateful to Professor Dr Mohd Zulkiflee Abu Bakar for his guidance, and to all participants who brought their dedication and thoughtfulness to these sessions.

"...We are thankful to all who joined us - your presence made this course what it was..."

A NOTE OF APPRECIATION

The UM Prestige ORL-OMFS Dissection Course 2025 would not have been possible without the contributions of many. We are sincerely grateful to our senior faculty - Professor Dato' Dr Prepageran Narayanan, Professor Dr Mohd Zulkiflee Abu Bakar, and Professor Dr Firdaus Hairiri - for their mentorship, their wisdom, and their unwavering support of this initiative. Their involvement elevated every aspect of the course.

Our deepest thanks go to our international faculty, Professor Dr Stuart Mackay and Associate Professor Dr Toh Song Tar, for travelling to be with us and for the remarkable generosity with which they shared their knowledge and experience. It is a privilege to learn from surgeons of their calibre.

To every delegate who attended, whether from within Malaysia or from Indonesia, Thailand, Singapore, Australia, or India - thank you. Your enthusiasm, your questions, and your engagement gave this course its energy. We hope you returned home with something valuable, and we hope to welcome you back again.

Finally, our sincere appreciation goes to the residents and support staff of both departments, who worked quietly and tirelessly behind the scenes to ensure that every session ran smoothly. Their effort is deeply valued and does not go unnoticed. We close this chapter of the course with gratitude in our hearts and the hope that the knowledge and connections formed here will serve our patients and our profession well in the years to come.

INAUGURAL HEAD AND NECK ONCOLOGY PRECEPTORSHIP (HOPE) 2026:

A LANDMARK IN MULTIDISCIPLINARY CLINICAL EDUCATION

Dr Sakina Ghauth

The Head and Neck Oncology Preceptorship (HOPE) 2026, held from 10th to 12th April 2026, marked a historic milestone as the inaugural installment of this programme organised by Universiti Malaya. Themed **"Harnessing Oncology Potential Through Education"**, this premier academic initiative was specifically designed to bridge the pedagogical gap between the fields of oncology and otorhinolaryngology.

A hallmark of this year's program was its official endorsement by the American Society of Clinical Oncology (ASCO), a prestigious recognition of the programme's academic rigor and commitment to international excellence.

While the organisational architecture was anchored by the expertise of surgeons and oncologists from Universiti Malaya and the Malaysian Oncological

Society, the preceptorship distinguished itself through a global faculty of luminaries. To maintain a high-quality, interactive environment conducive to advanced clinical training, the programme was strictly limited to a select cohort of trainees and specialists.

The academic itinerary commenced with an intensive Contouring Workshop held at the Faculty of Medicine, Universiti Malaya, which was curated exclusively for oncologists to refine technical skills in Nasopharyngeal Carcinoma (NPC), Oral Cavity, and Oropharyngeal sites.

The proceedings for the second and third day transitioned to the M World Hotel, Petaling Jaya, expanding to include both otorhinolaryngology and oncology clinicians. This phase of the programme featured high-level symposia and dynamic **"speed debates"** led by an esteemed international faculty,



including Associate Professor Dr Melvin Chua Lee Kiang from Singapore, Professor Dr Kevin Harrington from the UK, and Associate Professor Dr Napadon Tangjaturonrasme from Thailand.

This global perspective was seamlessly integrated with the insights of local experts from various local teaching universities and the Ministry of Health (MOH). By unifying diverse disciplines, HOPE 2026 provided a holistic educational environment navigating the full spectrum of head and neck cancer management. This collective effort not only sharpened the clinical expertise of emerging specialists but also fortified the collaborative networks necessary to advance the frontiers of oncology within the region.

The success of this first-ever UM-led preceptorship sets a new benchmark for multidisciplinary oncology education in Malaysia. Moving forward, it is envisioned that the HOPE Programme will become an annual hallmark event, ensuring a sustainable pipeline of excellence and continued innovation in the management of head and neck cancers.





RHINOLOGY

UKM 3rd ALLERGIC RHINITIS & SMELL WORKSHOP 2025

Associate Professor Dr Farah Dayana Zahedi



3RD ALLERGIC RHINITIS & SMELL WORKSHOPS

Academia ORL, 9th Floor, Hospital Canselor Tuanku Muhriz
23rd June 2025 (Monday)

ORGANIZED BY

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8 CPD POINTS

For any enquiry, please contact:-

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UKM, Jalan Yaacob Latif, 56000 Kuala Lumpur
Telefon: 03-9145 6045/6047/7497 Faksimili: 03-9145 6675
Email: allergycentreppukm@gmail.com

The 3rd Allergic Rhinitis & Smell Workshop 2025, held on 23rd June 2025 at Academia ORL, Hospital Canselor Tuanku Muhriz (HCTM), UKM, was a well-received educational event that brought together clinicians, trainees, and allied healthcare professionals to advance knowledge in rhinology and allergy care.

The programme was thoughtfully designed, covering key topics such as the anatomy and physiology of olfaction, the Malaysian adaptation of the *Sniffin' Stick* smell test, and current approaches to allergy diagnostics, including food allergy and immune-based testing. Participants also gained insights into the management of chronic rhinosinusitis with smell loss, reflecting the workshop's strong clinical relevance.

A key strength of the workshop was its emphasis on hands-on learning, where participants actively engaged in practical sessions on olfactory assessment and skin testing techniques. These interactive components, supported by case discussions and expert guidance from a multidisciplinary faculty, allowed participants to translate theory into clinical practice effectively.

With strong participation and support from industry partners, the workshop successfully enhanced both knowledge and practical skills, reinforcing its role as a valuable platform for continuous professional development in otorhinolaryngology.



ENDOSCOPIC SINUS SURGERY COURSE

Associate Professor Dr Norasnieda Md Shukri, Dr Sakinah Mohamad

The 2025 USM Endoscopic Sinus Surgery (ESS) Course & Workshop was held on 27th – 28th July 2025 at the ORL HNS Department, Universiti Sains Malaysia. This two-day programme aimed to strengthen participants' understanding of sinonasal disorders and enhance their surgical competency in functional endoscopic sinus surgery (FESS).

The course was attended by ORL residents and surgeons from across Malaysia, as well as international participants from Universitas Sebelas Maret in Indonesia, highlighting regional interest in sinus surgery training. Lectures covered key topics, including the management of chronic rhinosinusitis, principles of nasal irrigation, and advances in FESS instrumentation. Esteemed speakers, including Dr Rosdi Ramli, Dr Rosli Mohd Nor, Dr Amran Mohamad, Professor Dr Ramiza Ramza, Professor Dr Baharudin, Associate Professor Dr Norasnieda and Dr Sakinah shared their clinical expertise.

Hands-on cadaveric dissection sessions were enriched by a demonstration from Dr Kachorn (Chulalongkorn University, Thailand), along with expert guidance from Professor Dr Salina Husain (UKM) and Dr Maithrea Suresh Narayanan (HKL). Equipped with high definition monitors, image-guided system (IGS) navigation, and fresh cadaveric specimens, the workshop offered an excellent technical setup.

The programme concluded successfully with strong support from the USM ORL HNS team, and participants reported highly positive learning experiences.



Officiating ceremony of International USM Dissection Week 2025 by Professor Dr Irfan Mohamed, Deputy Dean of Academic, Career and International, School of Medical Sciences, USM



Dr Amran (HSNZ) is navigating the endoscope to define the fixed landmark in FESS



Photo session with participants from Universitas Sebelas Maret, Indonesia, attending the ESS workshop



Dr Rosdi Ramli is providing guidance during the cadaveric dissection session.

USM ALLERGY & SINUS WEEK 2025

RHINOLOGY

*Associate Professor Dr Norasnieda Md Shukri,
Dr Nik Fariza Husna Nik Hassan*

The USM Allergy & Sinus Week 2025 was successfully held from 8th – 10th September 2025 at the Auditorium Pentadbiran, Hospital Pakar Universiti Sains Malaysia. This three day educational programme aimed to enhance participants' understanding of common allergic and sinus conditions, with a particular focus on the contemporary management of allergic rhinitis and chronic rhinosinusitis.

The event attracted medical officers from primary care, emergency departments, and general practice, as well as paramedics involved in frontline patient management. The programme was officiated by the School of Health Science Dean, Professor Dr Wan Rosli Wan Ishak, on behalf of the Campus Director.

Day 1 centred on common allergic disorders and management strategies within the primary care setting. A key highlight was the practical session, during which all participants performed nasal irrigation using a sinus rinse, offering valuable hands-on experience with a widely recommended first-line therapy.

Day 2 expanded the scope to include allergy-related conditions of the ear, throat, and larynx, supported by clinical discussions and case-based learning.



STOP
SNEEZING
START
LIVING

https://www.magnific.com/free-photo/3d-render-medical-background-depicting-allergies_1222963.htm



Day 3 featured a series of webinars focused on rhinology-related diseases, tailored for ORL medical officers, that provided updates on evolving evidence and best practices. Throughout the programme, distinguished speakers from USM, UKM, UM, UNIMAS, Ministry of Health Malaysia (KKM), and private healthcare institutions shared their expertise and clinical insights, enriching the academic quality of the event.

A total of 140 participants attended the first two days of the workshop, while 120 participants joined the webinar series on the third day. The programme received highly positive feedback, with participants commending its practical relevance, comprehensive content, and overall organisation. The success of the USM Allergy & Sinus Week 2025 reflects the strong



commitment and collaborative effort of the ORL HNS Department, Universiti Sains Malaysia, in advancing continuing medical education within the field of allergy and rhinology.



14TH IPOH ENDOSCOPIC SINUS SURGERY DISSECTION COURSE

Dr Sharifah Intan Saafura Shahabudin

The 14th Ipoh Endoscopic Sinus Surgery Dissection Course, held on 6th – 7th October 2025 at the Quest International University, Ipoh, Perak, was an exceptionally well-organised and intellectually enriching programme.

Organized by the ORL Department of Hospital Raja Permaisuri Bainun, Ipoh, Perak, the workshop successfully brought together a distinguished panel of international experts, greatly enhancing its academic and clinical value.

The faculty lineup featured:

- Dr Kazuhiro Omura, Assistant Professor, The Jikei University School of Medicine, Japan

- Professor Dr Jivianne K. Lee, Professor of Rhinology and Endoscopic Skull Base Surgery, UCLA David Geffen School of Medicine, USA
- Professor Dr Richard Harvey, Professor UNSW and Macquarie University, Australia
- Associate Professor Dr Siow Jin Keat, Associate Professor Tan Tock Seng Hospital, Singapore
- Dr Phuoc Minh Hoang, Lecturer and Consultant Rhinologist, Hue University of Medicine and Pharmacy Hospital, Vietnam
- Dr Purushothaman P. K, Senior Consultant, Head and Neck Surgery, Rela Institute & Medical Centre, India







The presence of these highly respected speakers provided participants with a rare opportunity to learn from leaders in the field. Their lectures were comprehensive, well-structured, and grounded in extensive clinic experience and published research offering participants valuable insights into advanced endoscopic techniques, surgical anatomy, and evolving approaches in skull base surgery.

A key strength of the workshop was its effective integration of theory with hands-on learning. Live cadaveric surgical demonstrations and interactive case discussions allowed participants to observe surgical decision-making, refine technical skills, and better understand complication management in real cases. The speakers were engaging and approachable, fostering an open environment that encouraged active participation.

The workshop was further strengthened by the contributions of invited faculty, comprising experienced clinicians from across Malaysia:

- Professor Dr Ramiza Ramza Bin Ramli,
Head of Department,
Otorhinolaryngology - Head and Neck Surgery,
Universiti Sains Malaysia
- Professor Dr Baharudin Abdullah,
Senior Consultant,
Otorhinolaryngology - Head and Neck Surgery,
Universiti Sains Malaysia
- Dr Revadi Govindaraju,
ENT Consultant, Department of
Otorhinolaryngology,
Subang Jaya Medical Centre

- Dr Rosdi Bin Ramli,
Hospital Raja Perempuan Zainab II, Kota Bharu
- Dr Rosli Bin Mohd Noor,
Hospital Raja Perempuan Zainab II, Kota Bharu
- Dr Khairul Azhar Bin M Rajet,
Hospital Tengku Ampuan Afzan, Kuantan
- Dr Chentilnathan A/L Periasamy,
Hospital Pulau Pinang
- Dr R Komathi A/P S Ramachandran,
Hospital Putrajaya
- Dr Maithrea Suresh Narayanan,
Hospital Kuala Lumpur
- Dr Yeoh Zhi Xiang,
Hospital Sultanah Bahiyah, Alor Setar
- Dr Loong Siow Ping,
Hospital Queen Elizabeth, Kota Kinabalu
- Dr Kelvinder Singh A/L Awtar Singh,
Hospital Sungai Buloh, Selangor
- Dr Azman Bin Ali, Hospital Putrajaya
- Dr Aynesha Letchmikanthan,
Hospital Pulau Pinang
- Dr Nadia Syaifeera Binti Naserrudin,
Hospital Tengku Ampuan Afzan, Kuantan

The success of the workshop was also underpinned by a dedicated organizing committee:

- Dr Harvinder Singh S/O Dalip Singh,
Consultant Rhinologist,
Hospital Raja Permaisuri Bainun, Ipoh
- Dr Pathma A/P Letchumanan,
Consultant Rhinologist,
Hospital Raja Permaisuri Bainun, Ipoh
- Dr Zabrina Marnel Samarakkody,
ORL Specialist
- Dr Sharifah Intan Safuraa Shahabudin,
Rhinology Fellow,
Hospital Raja Permaisuri Bainun, Ipoh
- Dr Lo Ren Hui,
Rhinology Fellow,
Hospital Raja Permaisuri Bainun, Ipoh

Their commitment and meticulous planning ensured the smooth execution of the programme and created a conducive learning environment for all participants.

Overall, the workshop was highly beneficial for both trainees and practicing surgeons aiming to enhance their expertise and stay abreast of current advancements.

It successfully combined academic rigor, practical exposure, and international collaboration, making it a truly outstanding and worthwhile educational experience.

INTERNATIONAL BASIC FUNCTIONAL ENDOSCOPIC SINUS SURGERY (FESS) CADAVERIC DISSECTION WORKSHOP 2025

Associate Professor Dr Farah Dayana Zahedi

The International Basic Functional Endoscopic Sinus Surgery (FESS) Cadaveric Dissection Workshop 2025, held from 25th to 27th November 2025 at Academia ORL-HNS, Hospital Canselor Tuanku Muhriz (HCTM), Universiti Kebangsaan Malaysia, is a premier hands-on training programme in rhinologic surgery.

Organised by Rhinology Unit, Department of Otorhinolaryngology-Head and Neck Surgery, Faculty of Medicine, Universiti Kebangsaan Malaysia in collaboration with regional partners, the course provides a structured approach to FESS, covering essential techniques from basic procedures to more advanced surgical interventions, ensuring a comprehensive foundation in endoscopic sinus surgery.

A key highlight of the workshop is its strong emphasis on supervised cadaveric dissection, enabling participants to develop practical skills in a guided environment. Supported by an experienced panel of local and international faculty, the programme fosters skill refinement, deeper anatomical understanding, and meaningful professional exchange.

With limited dissection slots to ensure quality training, the workshop continues to serve as a valuable platform for advancing surgical competence and collaboration in otorhinolaryngology.





PAEDIATRIC ENT

9TH ASIA-PACIFIC PAEDIATRIC AIRWAY WORKSHOP [APPAC 2025]

Dr Anna Fariza binti Jumaat, Dr Farah Liana binti Lokman

The 9th Asia-Pacific Paediatric Airway Workshop (APPAC 2025), held on 24th – 25th June 2025 in Kuala Lumpur, once again demonstrated its role as a flagship regional platform for paediatric airway education, with a strong focus on hands-on procedural exposure and simulation based training.

Organised by the Paediatric Otorhinolaryngology–Head & Neck Surgery Unit, Universiti Kebangsaan Malaysia Children’s Specialist Hospital (TABTAR), and co-hosted with the Malaysian Society of Otorhinolaryngologists – Head & Neck Surgeons (MSOHNS) and the College of Otorhinolaryngologists – Head & Neck Surgeons (CORLMM), the workshop was conducted as a pre congress programme to MSOHNS CORLMM 2025. Sessions were held at the Main Auditorium, Zecon Hotel, TABTAR, and the Advanced Surgical Skills Centre (ASCC), UKM.

The programme was led by Professor Dr Goh Bee See as Course Director, supported by Associate Professor Dr Rufinah Teo (Deputy Course Director), Dr Farah Liana Lokman (Course Coordinator), and Dr Azlina Ab Rani (Scientific Coordinator).

APPAC 2025 attracted 80 participants, including ORL specialists and trainees from Malaysia and across the Asia Pacific region, providing structured exposure to paediatric airway disorders that are often limited in routine clinical practice. Day one focused on lectures, live surgery sessions, and expert led case discussions

on paediatric stridor, laryngotracheal conditions, and anaesthetic considerations, delivered by an outstanding international and regional faculty.

Distinguished speakers included Professor Dr Michael J Rutter (USA), Professor Dr Wei Chung Hsu (Taiwan), Associate Professor Henry Tan Kun Kiaang (Singapore), and Professor Dr Seong Keun Kwon (Korea), alongside local paediatric ORL, Dr Jeyanthi Kulasegarah and Dr Shamina Sara Moses, and anaesthesia consultants.

The hands-on component on day two at the ASCC was a major highlight of the workshop. Participants rotated through structured practical stations in rigid bronchoscopy, foreign body removal, instrument handling, and simulation based airway management. This immersive format allowed participants to gain supervised, practical exposure to essential paediatric airway procedures in a controlled environment.

The hands-on sessions were widely regarded as one of the most valuable aspects of APPAC, offering rare opportunities to develop procedural familiarity and confidence under expert guidance. Participants were awarded 12 MMA CPD points, marking a rewarding conclusion to a highly educational and collaborative event. APPAC 2025 once again highlighted the importance of experiential learning, regional collaboration, and high quality training in advancing paediatric airway care across the Asia-Pacific region.

DAY 1 LECTURES AND LIVE SURGERY (HOSPITAL TABTAR AUDITORIUM AND OT)



Experts participate in a panel discussion on diagnostic and management challenges in a paediatric ORL airway case.



Participants and moderators of the course pictured together during the live surgery sessions.



Professor Dr Goh Bee See performs direct laryngoscopy and tracheoscopy, demonstrating essential airway assessment techniques as part of hands on surgical training.



Professor Dr Michael J Rutter discusses tracheoscopy findings with course participants, facilitating shared learning and clinical insight.

DAY 2 HANDS ON SESSION AT ASCC



Dr Lynn Koh Huiting (Singapore) delivers a lecture to course participants, sharing expertise and global perspectives in the field.



Group photo of the organising committee, invited international and local faculty, veterinary team, and participants of the 9th Asia-Pacific Paediatric Airway Workshop 2025.



Images from the 9th Asia-Pacific Paediatric Airway Workshop 2025 depicting paediatric ENT faculty leading hands on airway procedure demonstrations on a live animal model, carried out in accordance with established ethical and training guidelines. From top right to left: Professor Dr Michael J Rutter (USA), Professor Dr Seong Keun Kwon (Korea), Professor Dr Goh Bee See (Malaysia), Associate Professor Henry Tan Kun Kiaang (Singapore), and Professor Dr Wei Chung Hsu (Taiwan).



Professor Dr Michael Rutter demonstrates and explains key instruments used in pediatric airway procedures, engaging participants in practical, hands on learning.

PAEDIATRIC TRACHEOSTOMY WORKSHOP 2025

Dr Anna Fariza binti Jumaat, Dr Farah Liana binti Lokman

The Paediatric Tracheostomy Workshop 2025, held on 18th December 2025 at Hospital Tunku Ampuan Besar Tuanku Aishah Rohani (TABTAR), UKM Children's Specialist Hospital, was a highly impactful full day educational programme focused on improving safety, confidence, and practical skills in paediatric tracheostomy care.

Organised by the Paediatric Otorhinolaryngology – Head & Neck Surgery Unit, the workshop placed strong emphasis on hands-on, simulation based learning, reflecting the real world demands of paediatric airway management. The workshop was led by Professor Dr Goh Bee See as Chairperson, with organisational support from Dr Azlina Ab Rani and Dr Darshini Nagarajah as coordinators, together with the surgical nursing department.

Participants included ICU personnel, junior doctors, and postgraduate trainees from ENT, paediatrics, and emergency medicine, creating a multidisciplinary learning environment that encouraged shared perspectives and collaborative problem solving.

The morning sessions featured focused lectures delivered by Professor Dr Goh Bee See, Dr Dharshini Nagarajah, Dr Nadhirah Shakri, Dr Azlina Ab Rani, and Dr Anna Fariza Jumaat. Topics included paediatric airway anatomy, indications for tracheostomy, surgical techniques, tracheostomy tube sizing, and management of short and long term complications. Additional sessions addressed postoperative care, emergency response strategies, swallowing issues, and home based tracheostomy management, reinforcing the importance of continuity of care beyond the operating theatre.

The hands-on session was the clear highlight of the workshop and received enthusiastic feedback from participants. Attendees rotated through multiple supervised stations designed to reinforce essential skills and build practical confidence. These stations included routine tracheostomy care and suctioning techniques, recognition and handling of different types of tracheostomy tubes, flexible bronchoscopy using simulated models, and management of tracheostomy related emergencies.



Group photo of the organising committee, local faculty, and participants of the Paediatric Tracheostomy Workshop 2025.



Speakers deliver lectures to course participants, sharing expertise and knowledge through structured educational sessions. From left: Professor Dr Goh Bee See, Dr Azlina Ab Rani, Dr Dharshini Nagarajah, Dr Nadhirah Shakri, Dr Anna Fariza Jumaat.

The sessions were facilitated by the faculty team, with valuable support from experienced nurses Ms KJ Noor Sheila and Ms KJ Saliza Yacob, and industry partner Mr Vinod from Primed Sendirian Berhad. The realistic, simulation based environment allowed participants to apply theoretical knowledge in a safe and structured setting, bridging the gap between classroom learning and clinical practice. Many participants highlighted this component as the most valuable part of the workshop, noting improved confidence in managing both routine care and emergency scenarios.

The programme concluded with interactive Q&A sessions, a lively end of day quiz, and a closing ceremony that added an enjoyable and memorable finish. Overall, the Paediatric Tracheostomy Workshop 2025 successfully strengthened practical competency, multidisciplinary collaboration, and preparedness in paediatric airway care, underscoring UKM's ongoing commitment to high quality clinical education.



Professor Dr Goh Bee See deliver lectures to course participants, sharing expertise and advancing knowledge through structured educational sessions.



Moderators demonstrate paediatric tracheostomy tubes and explain essential aspects of tracheostomy care to course participants.



GENERAL

Tour de Borneo 8: Sipitang

13th & 14th June 2025

Dr Ahmad Nordin

We continued where we left off from two years ago in Beaufort Hospital. Our previous southbound journey was to Kuala Penyu the year before, this year it was 48 km journey onwards towards Sipitang

The route is usually not difficult as it was mainly flat. The challenge was cycling on the partially completed Pan Borneo Highway. Parts of the roads were diverted onto gravel terrain. It was difficult to balance on the small rocks. The air got dusty after the vehicles passed as the weather was hot and dry that day. In the end, all of the riders arrived safely at Sipitang Hospital, and we later pedaled slowly towards the finish point at Dewan Serbaguna Majlis Daerah Sipitang. We had a short discussion on setting up the venue for the next day.

Night time: Instead of the usual barbeque tradition, we opted for group dinner at a venue located at Kaka Resthouse. It was an intimate session among us as we rarely get to meet up in this group setting during work. Some stayed on for complimentary karaoke session at the restaurant till late.

The health screening started at 8:00 am the next day. Attendance was amazing, as we managed to examine 178 visitors. We had our usual ORL, Dental, Audiology and Speech therapy stations. Sipitang Hospital also set up their health screening, blood donation and other health related station. The event concluded on high note with the visitors, hospital staff and the crew - all were satisfied with the service provided within a short period of time.







5th JUNIOR SCIENTIFIC AWARD 2025

Associate Professor Dr Farah Dayana Zahedi



The 5th Junior Scientific Award 2025, held on 17th June 2025 at Academia ORL-HNS, Hospital Canselor Tuanku Muhriz (HCTM), Universiti Kebangsaan Malaysia, was a vibrant academic event showcasing the research excellence of postgraduate trainees in otorhinolaryngology. Organised by the Department of Otorhinolaryngology – Head and Neck Surgery, Faculty of Medicine, Universiti Kebangsaan Malaysia, the programme featured thesis presentations and defence sessions, alongside oral and poster presentations covering a wide range of ENT subspecialties, reflecting strong scientific rigor and clinical relevance.

The event was structured into multiple presentation sessions, allowing participants to present their research findings and engage in constructive discussions with panels of experienced supervisors and judges. Topics ranged from cochlear implant outcomes and vestibular disorders to nasopharyngeal carcinoma biomarkers and chronic rhinosinusitis, highlighting the diversity and depth of ongoing research within the department. The interactive format encouraged critical appraisal, knowledge exchange, and academic growth among trainees. Complementing the academic sessions, the event also included engaging non-academic activities such

as a Teh Tarik competition and quiz, fostering camaraderie and a collegial atmosphere among participants. Overall, the programme successfully combined academic excellence with team spirit, reinforcing its role as an important platform for nurturing young researchers and promoting continuous professional development in the field of otorhinolaryngology.





MOBILE CLINIC FOR

EAR, NOSE & THROAT HEALTH SCREENING

IN CONJUNCTION WITH NATIONAL SPEECH-LANGUAGE-HEARING MONTH

KPT PRIHATIN KOMUNITI SEJAHTERA (KRIS)*Dr Wan Nabila Wan Mansor***PROGRAMME LOCATION**Multi-Purpose Hall, Orang Asli Village,
Batu 12, Gombak, Selangor**DATE**26th July 2025**NUMBER OF VOLUNTEERS**

30 people

SERVICES PROVIDED

- Mobile Clinic for Ear, Nose, Throat and Neck Examination
- Endoscopic examination

- Ear, nose and throat examination
- Health consultation services, health education and public awareness on ear, nose, throat and neck diseases
- Video screening and poster exhibition on ear, nose and throat health problems by postgraduate students

NUMBER OF PARTICIPANTS

131 participants

NUMBER OF PARTICIPANTS REFERRED

17 participants

The Department of Otorhinolaryngology – Head and Neck Surgery conducted a Mobile Clinic for Ear, Nose and Throat Health Screening Programme in conjunction with National Speech-Language-Hearing Month, KPT Prihatin Komuniti Sejahtera (KRIS), at the Orang Asli Community Hall, Kampung Batu 12, Gombak, Selangor, on 26th July 2025.

This programme was jointly organised with the Department of Orang Asli Development (JAKOA) and Hospital Orang Asli Gombak (HOAG). The programme involved health screening for ear, nose, throat and neck conditions. The examinations included endoscopic examinations, ear, nose and throat examinations, screening of short videos, health poster exhibitions, health education and general awareness regarding ear, nose, throat and neck diseases.

In addition, the programme aimed to empower the Orang Asli community in health screening by incorporating KOSPEN (Komuniti Sihat Perkasa Negara), a public health initiative that integrates government and community efforts to address non-communicable diseases among the Orang Asli population. HOAG also conducted dental examinations during the programme.

PROGRAMME OUTCOMES

The programme successfully achieved its main objectives, which were to increase awareness of ear, nose

and throat problems among the Orang Asli community, provide knowledge on hearing and speech-related issues, and conduct early screening for nasal, oral and throat problems among Orang Asli adults and children.

The programme also successfully highlighted the role of Otorhinolaryngology – Head and Neck Surgery specialists who are committed to contributing to community service. Through this programme, health problems among residents were identified and certain cases were referred to nearby healthcare facilities.

BENEFITS AND RECOMMENDATIONS

The programme brought numerous benefits to the Orang Asli community. Several improvements were identified for future programmes, including the establishment of a committee to act as a liaison between HOAG and JAKOA to ensure smoother programme implementation. In addition, due to the highly encouraging response, similar programmes can be conducted on a regular basis.

The Orang Asli community is deeply appreciative of the health screening services, particularly those focused on ear, nose and throat conditions, which are rarely conducted. Programmes such as this can be organised regularly and expanded to cover a larger community scale by adopting themes such as cultural carnivals, allowing greater involvement from industries and the media.



MOBILE CLINIC (KLINIK BERGERAK) COMMUNITY SERVICE

PROGRAMME HOSPITAL CANSELOR TUANKU MUHRIZ LIVE SURGERY

Dr Irise HK Chen, Dr Nadhirah Mohd Shakri, Associate Professor Dr Mawaddah Azman

The Mobile Clinic Community Service Programme in conjunction with Head and Neck Cancer Day was successfully organized through a collaborative effort with the Academy for Silent Mentor. This initiative reflects a shared commitment to promoting early detection and increasing public awareness of head and neck cancers. The primary aim of the program was to provide accessible community screening services, particularly targeting residents in Bertam, Melaka. By bringing medical services directly to the community, the program sought to encourage early diagnosis, educate the public on risk factors and symptoms, and reduce barriers to healthcare access.

The programme was attended by a team of doctors comprising five ENT specialists and four ENT medical officers, whose expertise ensured the delivery of comprehensive and high-quality screening and consultation services. Throughout the event, screenings were conducted, consultations were provided, and educational materials related to head and neck cancer prevention and treatment were disseminated. A total of approximately 200 individuals from the community were successfully screened during the program. Of these, 40 patients received basic medical treatment on-site, while approximately 20 patients who required further evaluation and management were referred to tertiary care centres for specialized treatment.

The programme brought a significant impact in the early detection of head and neck cancers, highlighting the importance of proactive community-based screening initiatives in improving patient outcomes and reducing disease burden. The collaboration with the Academy for Silent Mentor further strengthened the programme's outreach and impact, emphasising the importance of community engagement in healthcare initiatives. Overall, the programme achieved its objective of fostering awareness, facilitating early detection, and delivering meaningful healthcare services to the local community in Bertam, Melaka, contributing positively to public health efforts.





Tour de Borneo 9:

Klinik Kesihatan Tangkarason, Paitan

5th & 6th December 2025

Dr Ahmad Nordin



In continuation of our journey towards the east side, we picked Paitan as our destination for the 9th tour. As Paitan Outpatient Clinic was under renovation, discussion with the local team was to have it at another clinic in that district, which was the newly built Klinik Kesihatan Tangkarason.

The team started cycling from our previous 7th cycling tour stop at Pitas Hospital. We headed towards Pitas via the only route available. The 73 km route was mainly flat. Weather was cloudy, and it rained midway through the ride. The challenge faced this time on the last segment of the journey was riding through trail palm oil plantation road. Added with the pouring rain, it was tough as the road was slightly muddy and with intermittent sloppy elevations.

To make matters worse, we lost direction as there were no proper signboards. As it was getting dark, the pickup truck was used to transport the riders and the bicycles to the final segment of tar road which led to the clinic. Continuing the previous tour itinerary, we had a get together and barbecue session at Klinik Kesihatan

Tangkarason. It was a wonderful time to unwind and share our experience cycling earlier, and also about Paitan, as most were first timers being in this small outskirts town.

The health screening started at 8:00 am as usual. The turnout was very satisfactory; we had 150 participants screened in total. Majority of the cases could be managed, few need follow up in our Visiting Clinic in Kota Marudu. three nasopharynx biopsy samples taken for query of NPC turned out to be negative in the end.

The event concluded on high note with the visitors, hospital staff and the crew - all were satisfied with the service provided within a short period of time. We would again thank the participants, clinic staffs and authorities for their support to this program.

Footnote: on 14th February 2026, massive flood in East Coast of Sabah has caused Klinik Kesihatan Tangkaason to be submerged with water up to level of the roof. This has caused total loss of assets and equipment, including three clinic vehicles. We hope the staff of the clinic can recover and continue their much-needed service to community in near future.





THE SURGEON IS IN, JUST NOT IN THE ROOM: ADVANCING LIVE ROBOTIC SURGERY AT UNIVERSITI MALAYA



Dr Julius Goh Liang Chye

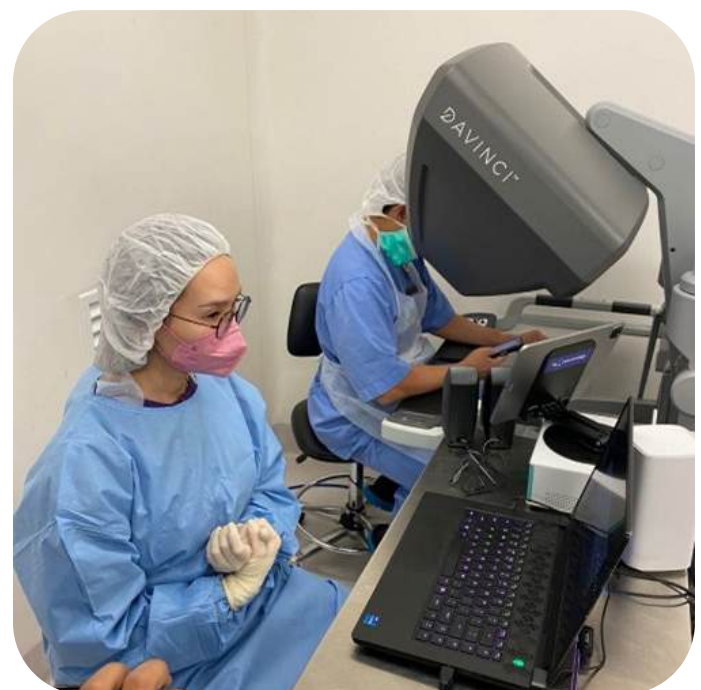
Last December, our team at Universiti Malaya Medical Centre streamed led by Dr Julius Goh Liang Chye (Department of Otorhinolaryngology) and director of Universiti Malaya Medical Center Professor Dr Mohd Zulkiflee Abu Bakar, a live robotic surgical procedure in real time to students and specialists watching through immersive holographic lenses from multiple countries. The session exceeded our expectations — though we say that with the awareness that our expectations were, in truth, cautiously modest.

As a team, we have learned to approach new technologies with measured scepticism. Demonstrations tend to be carefully curated; live operating conditions are not. Yet this session involved a real patient, a real procedure, and observers whose engagement was difficult to attribute to novelty alone. Several participants noted afterwards that the experience approximated being physically present in theatre. Whether that perception holds under rigorous evaluation remains to be seen, but it is a response worth taking seriously.

The fundamental challenge in robotic surgical training is access. These systems are expensive, their distribution uneven, and the hours trainees can spend observing and operating are carefully rationed. For those based outside a small number of well-resourced centres, the learning curve is steeper by circumstance rather than by ability. Written resources and conventional video recordings go some way, but they do not capture the spatial and

temporal texture of live surgery — the instrument dynamics, the decision points, the real-time adjustments that distinguish competence from expertise.

Holomedicine, enabled by 5G connectivity, addresses this in a way that conventional video cannot. Immersive three-dimensional observation changes what a viewer can perceive: depth of field, instrument orientation, and spatial relationships between structures are preserved rather than compressed.



Broadcaster is seated next to the console surgeon

These are precisely the elements that matter in robotic surgery and that standard recordings routinely lose. Whether this translates into demonstrably improved clinical training outcomes requires formal study, and we should not conflate promising early findings with evidence. The distinction matters.

We want to be measured about where this stand. What we conducted was a pilot, made possible by close collaboration between surgeons, anaesthesiologists, and the biotechnology team who built and managed the broadcast infrastructure. That collaboration itself was instructive — this kind of work does not happen through any one discipline working alone. The supporting infrastructure is still developing,



Broadcasting team presenting detailed case history and examination to the audience as surgery is being performed live



An efficient broadcasting team requires close collaboration between the surgeon, anesthesiologists and biotechnologists



Pre-operative stream test prior to live surgery

and the broader questions about access have not been resolved.

There is a real risk that immersive surgical broadcasting follows the same distribution pattern as the technology it aims to democratise — concentrated at institutions that are already well-resourced, leaving underserved centres no better positioned than before. These are not abstract concerns. They should inform how this platform is developed and deployed from the outset.

What the December session did demonstrate is that the technical barriers to meaningful cross-border surgical observation can be overcome. Participants from countries where robotic surgery programmes are not yet established were able to observe a live procedure, engage with the operating team, and ask questions in real time. For several of them, this was qualitatively different from anything previously available. The long-term significance of that, if any, is something only careful follow-up will determine.

This was one session. It is a beginning, not a conclusion. The work ahead — in building evidence, ensuring equitable access, and integrating these tools into structured training curricula — is considerably more complex than the technology itself. But it is work worth doing, and December gave our team reason to continue.

TRACHEOSTOMY CARE MASTERY COURSE FOR HPUSM DOCTORS

Dr Norsyamira Aida Mohamad Umbaik

The Department of Otorhinolaryngology – Head and Neck Surgery, Universiti Sains Malaysia, Kubang Kerian, Kelantan, in collaboration with the Unit Klinikal, Hospital Pakar Universiti Sains Malaysia (HPUSM), successfully organised a Tracheostomy Mastery Course for Doctors on 8th February 2026.

The course was conducted as part of the department's continuous medical education initiative to enhance clinical competency and standardise the management of patients with tracheostomies. The course was led by Associate Professor Dr Hazama Mohamad as Course Director, and assisted by the Tracheostomy Task Force Team, Hospital Pakar USM. A total of 25 doctors, comprising house officers and medical officers from various departments involved in tracheostomy care, participated in the programme.

The course was structured into two main components: didactic lectures and hands-on practical sessions. The lecture series covered essential topics such as indications for tracheostomy, relevant surgical anatomy, types of tracheostomy procedures, routine tracheostomy care, early and late complications, and the management of tracheostomy-related emergencies. Emphasis was placed on patient safety, early recognition of complications, and adherence to established clinical protocols.

This was followed by supervised practical sessions using manikins, allowing participants to develop and refine technical skills in a controlled environment. Key skills taught included tracheostomy tube care, suctioning techniques, tube changes, stoma care, and emergency airway management, including the management of blocked or displaced tracheostomy tubes. The hands-on component aimed to build confidence and ensure competency in performing both routine and emergency procedures.

Overall, the course successfully prepared participants to function as primary care providers for patients with tracheostomies. It strengthened their knowledge, technical skills, and clinical decision-making, thereby contributing to improved patient outcomes and safety. The programme also highlighted the importance of structured training and interdepartmental collaboration in delivering high-quality care for tracheostomy patients.

In addition, the Department of ORL-HNS USM conducts regular Tracheostomy Care Courses for paramedics, aimed at equipping nurses and allied healthcare personnel involved in tracheostomy care with the necessary knowledge and skills.

The department remains committed to organising similar educational initiatives to support continuous professional development and to further enhance the standard of care within the institution.



ORL-HNS AND USM-MERICAN HEALTH CAMP 2026

Dr Norsyamira Aida Mohamad Umbaik

The Department of Otorhinolaryngology–Head and Neck Surgery (ORL-HNS), Universiti Sains Malaysia (USM) Kubang Kerian, Kelantan, in collaboration with USM-MERICAN Community Engagement Programme, successfully organised a community health camp at Masjid Al-Ismaili, Mukim Morak, Tumpat, Kelantan on 25th April 2026.

This programme was conducted as part of USM's community outreach initiative aimed at improving access to healthcare services and enhancing health awareness among the local population. The ORL-HNS team participated actively in the programme, comprising specialists, MMed trainees, and nursing staff. The team travelled with USM bus equipped with essential diagnostic facilities, including endoscopic examination equipment and audiology support services, enabling comprehensive ear, nose, throat and head and neck screening.

A total of 120 participants from the surrounding community were screened during the one-day programme. Of these, 27 individuals were identified as requiring further evaluation and were appropriately referred to the ORL-HNS Clinic, Hospital Pakar Universiti Sains Malaysia (HPUSM), for continued assessment and management.

The programme was well received by the local community and demonstrated the importance of interdisciplinary collaboration, effective teamwork, and sustained engagement between healthcare providers and the community.

This initiative reflects the department's ongoing commitment to outreach services, early detection of ORL-HNS conditions, and improvement of healthcare accessibility in rural areas.





CORLAMM ACTIVITIES

KUALA LUMPUR ENT UPDATE FOR PRIMARY CARE 2026

Dr Rohaizam bin Japar

The Kuala Lumpur ENT Update for Primary Care 2026 was successfully held with the theme “ENT & GP Synergy: Working Together for Continuity of Care”. This educational programme was designed to strengthen collaboration between general practitioners and ENT specialists, recognising the critical role of primary care in early detection, initial management, and appropriate referral of ENT conditions.

The scientific programme featured a distinguished speakers including Professor Dato’ Dr Philip Rajan, Dr Bathma Dhevi Susibalan, Dr Irise Chen Hoi Khin, Dr Fauziah Binti Nasir, Dr Noor Azrin Binti Md Anuar, Dr Ahmad Nordin Bin Afandi, Dr Vanitha Palanisamy and Dr Farah Hani Binti Hassan. Their presentations were practical, case-based, and aligned with current clinical paradigms, focusing on common yet potentially serious ENT presentations encountered in primary care, red-flag symptoms and shared care pathways.



The meeting attracted a total of 89 participants, reflecting strong engagement and interest from the primary care community. Sessions were highly interactive with active participation during lectures and Q&A discussions. These exchanges fostered meaningful dialogue between GPs and ENT specialists, reinforcing the importance of timely communication and collaborative decision making in ensuring continuity of care for patients. The programme was further enhanced by three industry-sponsored symposium sessions that complemented the core scientific content.

Overall, the KL ENT Update for Primary Care 2026 successfully achieved its objectives. By reinforcing ENT-GP collaboration, early recognition of red flags and structured care pathways, the meeting contributed to greater clinical confidence among primary care providers and facilitated improved patient outcomes through timely and coordinated ENT care.

ANNUAL SCIENTIFIC MEETING 2026:

A Collaborative Platform by Universiti Malaya, MSO-HNS and CORLAMM

Dr Lim Chee Chean, Vincent

The Department of Otorhinolaryngology–Head & Neck Surgery (ORL–HNS), Universiti Malaya, in collaboration with the Malaysian Society of Otorhinolaryngologists–Head & Neck Surgeons (MSOHNS) and the College of Otorhinolaryngologists–Head & Neck Surgeries (CORLAMM), successfully organised the Annual Scientific Meeting (ASM) 2026 at Connexion @ Nexus, Bangsar South on 3rd April 2026.

The meeting brought together postgraduate trainees from institutions across Malaysia, providing a platform for high-quality scientific presentations.

This year's ASM reflected a continued rise in research standards, with strong emphasis on clinical relevance and methodological rigor. Presentations ranged from original clinical studies to systematic reviews and meta-analyses, demonstrating the breadth of ORL–HNS research.

The scientific programme covered presentations across subspecialties such as rhinology, otology, paediatric ENT, and head and neck oncology.

Several studies addressed regionally relevant issues, including allergic rhinitis triggers, paediatric surgical outcomes, and the impact of structured training programmes. Emerging themes, including the use of advanced technologies in clinical research, highlighted the evolving direction of the field.

The first place was awarded to Dr Farid Syamil bin Ramli for his study on shrimp paste-induced nasal symptoms among adults with allergic rhinitis.

Second place went to Dr Yee Ho Hwee for a systematic review and meta-analysis on the efficacy and safety of myringoplasty and type 1 tympanoplasty in the paediatric population.

Third place was awarded to Dr Josiah Williams for his study on the impact of a tracheostomy care training course on knowledge, confidence, and practical competence among healthcare workers.

The meeting also served as a valuable platform for academic exchange and professional development. Panel evaluations provided constructive feedback, while strong engagement throughout reflected the commitment of young clinicians to evidence-based practice.

A sincere appreciation is extended to the organising committee, led by Dr Lim Chee Chean, together with course advisor Professor Dr Mohd Zulkiflee Abu Bakar, for delivering a well-structured and impactful scientific meeting; to the panel of judges, including Ms Carren Teh and Professor Dina, for their valuable contributions; and to CORLAMM for their continued support, with a special mention to Professor Norasnieda for her invaluable guidance.

In conclusion, ASM 2026 highlights the importance of collaboration in advancing ORL–HNS in Malaysia.

The quality of research and enthusiasm of participants reflect a promising future focused on innovation, research excellence, and improved patient care.



CORLAMM SABAH PRIMARY CARE WORKSHOP

Dr Ahmad Nordin

This marked the fifth such Society / College event hosted by the Sabah organising team. The registered crowd of 45 participants were mainly from the government primary care clinics and the from the private general practitioners and various departments from local hospitals. This marks the first time it is held outside Kota Kinabalu, as previously many doctors travel far to the state capital to join our event. Having the workshop here has eased the travel cost significantly, especially those from small government clinics which lack funding.

The usual format of lecture series encompassing common ORL diseases scenarios are given by all the ORL Surgeons from Tawau and Lahad Datu government hospitals, and three from Queen Elizabeth Hospital. We were fortunate to have the world renowned speaker, Professor Tang Ing Ping to deliver two of his colourful lectures.

We brought back our panel discussion session, with three of them: ORL consultant, Family Medicine Specialist from government sector and a General Practitioner from the private side. This session was an open platform for panellists and delegates to discuss

common scenarios encountered revolving issues such as referrals, whether ORL related procedures are allowed to be done in their clinics, use of endoscopy, issues with ORL OKU community, etc.

The practical sessions had participants divided into three groups and assigned to three different stations: epistaxis, ORL foreign bodies and tracheostomy care. Participants then rotate in turn to all stations every 15 minutes. This session provided better interaction between participants and facilitators as they were less shy to ask questions compared to the large hall during the lecture sessions. The workshop concluded with Kahoot online quiz based on the lectures and prizes were given to the top three highest scorers.

The event received high praises with participants. Their feedback in general the ORL team are very open and friendly on accepting referrals and responding to their queries. Sandakan will be the next destination as it has a similar set up for primary care as Tawau. The participants and the Tawau organising committee thank CORLAMM for organising this at this venue as it has benefitted them significantly.



Participants and speakers



Speakers and Organising Committee



Panel discussion with primary care physicians from government and private sector



Lecture session



Breakout practical session

ENT MASTERCLASS WEBINAR 2026

Dr Meenakshi Adaikappan, Dr Absarina Batrisyia

Another successful edition of the ENT Masterclass was organised by the College of Otorhinolaryngologists, Head & Neck Surgeons, Academy of Medicine of Malaysia.

The event was held on 7th May 2026, from 2.00 pm to 6.00 pm, via a live webinar platform. It recorded an excellent participation of 386 attendees, comprising ENT surgeons, master's trainees, and medical officers from across Malaysia.

The success of this masterclass was driven by the leadership of Professor Dr Goh Bee See, with Dr Meenakshi Adaikappan serving as the course coordinator, and supported by moderators including Dr Lo Ren Hui.

The webinar was delivered in a multimedia format, focusing on practical, evidence-based content across the key subspecialties of otology, rhinology, paediatric otorhinolaryngology, and head and neck surgery.

This masterclass was free of charge which was funded by the society to support budding ENT trainees and surgeons, while contributing to the continued development and maintenance of clinical standards in otorhinolaryngology in Malaysia.

It was truly encouraging to see an overwhelming number of participants remain actively engaged until the end of the programme at 6.00 pm, reflecting their strong support and enthusiasm for continuing medical education in ENT.

Our heartfelt appreciation goes to everyone who contributed to and participated in the ENT Masterclass 2026. Your presence, support, and enthusiasm made this event truly meaningful and memorable!



7th May 2026
2:00pm - 6:00pm

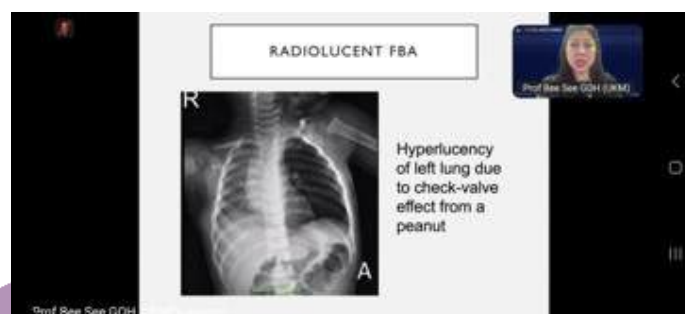
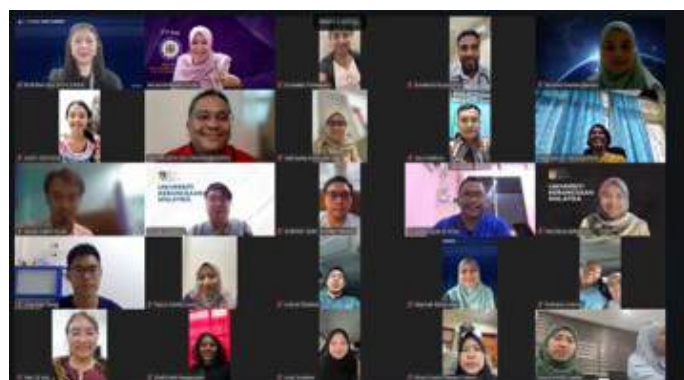
ENT MASTERCLASS WEBINAR

ORGANIZER : COLLEGE OF OTORHINOLARYNGOLOGISTS - HEAD AND NECK SURGEONS,
ACADEMY OF MEDICINE OF MALAYSIA
COURSE DIRECTOR : PROFESSOR DR. GOH BEE SEE
COURSE COORDINATOR : DR. MEENAKSHI ADAIKAPPAN

CPD POINTS WILL BE REWARDED.

PLEASE SCAN FOR
REGISTRATION.

Time	Topic	Speaker	Moderator
1:45PM-2:00PM	LOGIN AND WELCOMING SPEECH	PRESIDENT - DATO' DR. PHILIP RAJAN	
2:00PM-2:30PM	SUDDEN HEARING LOSS	DATO' DR. PHILIP RAJAN	DR. MEENA
2:30PM-3:00PM	CHRONIC EAR DISCHARGE	ASSOC. PROF. DR. NOOR DINA HISHAM	DR. MEENA
3:00PM-3:30PM	LARYNGEAL TRAUMA	PROF. DATO' DR. ABDULLAH SANI MOHAMED	DR. LO REN HUI
3:30PM-4:00PM	ACUTE RHINOSINUSITIS AND COMPLICATIONS	ASSOC. PROF. DR. NORANNIEDA MD SHUKRI	DR. LO REN HUI
4:00PM-4:10PM	VIRTUAL COFFEE BREAK		
4:10PM-4:30PM	APPROACH IN PAROTID SWELLING	DR. ROHAIZAM JAAFAR	DR. MEENA
4:30PM-5:00PM	FOREIGN BODY ASPIRATION	PROF. DR. GOH BEE SEE	DR. LO REN HUI
5:00PM-5:30PM	TRAUMATIC FACIAL NERVE PALSY	PROFESSOR EMERITUS DATO' DR. LORKMAN SAIM	PROF. DR. GOH BEE SEE
5:30PM-6:00PM	NECK MASS	DR. ZAHIRUDDIN ZAKARIA	DR. MEENA
6:00PM-6:10PM	CLOSING SPEECH	PROFESSOR DR. GOH BEE SEE	



CORLAMM 2026 BIDOR HEALTH CAMP

Dr Kuhan Olakanathan

A free community screening programme for ear, nose, throat, and audiology conditions was successfully conducted on 9th May 2026 at Dewan Muhibbah, Bidor, Perak. The programme was organised by College of Otorhinolaryngologists Head & Neck Surgeons, Academy of Medicine of Malaysia supported by Otorhinolaryngology Association of Ipoh and Otorhinolaryngology Department of Hospital Raja Permaisuri Bainun, Ipoh, Perak.

The initiative was spearheaded by Dr Meenakshi Adaikappan in collaboration with Professor Dato' Dr Philip Rajan, with the primary objective of facilitating early detection and screening of common otorhinolaryngological conditions within the local community. The event was officiated by YB Dato' Sivanesan Achalingam, EXCO Sumber Manusia, Kesihatan, Integrasi Nasional & Hal Ehwal Masyarakat India Perak. In attendance were President of College of



Otorhinolaryngologists Head & Neck Surgeons, Academy of Medicine of Malaysia, Professor Dato' Dr Philip Rajan, President of Otorhinolaryngology Association of Ipoh, Dr Meenakshi Adaikappan, Deputy State Health Director of Perak, Dr Muhammad Najib bin Adnan and Hospital Director, Hospital Raja Permaisuri Bainun Ipoh, Dr Fakhruddin bin Amran. A multidisciplinary team comprising specialists, medical officers, staff nurses, medical assistants, and audiologists collaborated to deliver screening services to a community in which the nearest otorhinolaryngology centre is located approximately one hour away.

This initiative highlighted the importance of outreach programmes in improving accessibility to specialist healthcare services, particularly in underserved areas. In addition to the screening activities, the programme also marked the presentation of an otoacoustic emissions machine to the Hospital Raja Permaisuri Bainun Audiology Team, further strengthening audiological service capabilities.

The organising committee extends its sincere appreciation to all individuals and organisations whose contributions and support were instrumental to the success of the programme. The event received an overwhelmingly positive response from the public, with close to 150 participants attending the screening.

Overall, the programme represents a meaningful step towards promoting community awareness, facilitating early detection of common otorhinolaryngological conditions, and enhancing timely access to appropriate specialist care.



CORLAMM ENT PRIMARY CARE WORKSHOP KUCHING, SARAWAK

Professor Dr Tang Ing Ping, Dr Wong Chun Yiing

The CORLAMM ENT Primary Care Workshop was successfully held on 17th May 2026 at the Imperial Hotel in Kuching, Sarawak.

This year, the event focused on the theme, **"ENT & GP Synergy: Working Together for Continuity of ENT Care"**.

It aimed to update the primary care team on current ENT practices, guidelines, and clinical pathways for patient referrals.

The workshop received an exceptionally positive response, drawing a diverse group of general practitioners, family medicine specialists, pediatricians, and medical officers.

A total of 101 people attended, including registered participants and expert speakers, with five industry partners sponsoring the event. The high turnout and active participation highlighted the strong demand for continuing medical education on common ENT presentations in primary care settings.

